



Benefits of a Mentor

BASIC TIPS:

- It is extremely helpful to have great mentors around you who can help develop you at different points in your professional career.
- There may be characteristics you see in an industry leader or professional that you think you would love to have that person as a mentor.
- Seek out:
 - Professors
 - Career Services professionals
 - Employers when they come to campus
- Start basic! Get coffee with someone. Don't be afraid to reach out to someone at your internship or co-op that has a title related to something you might be interested in.
- Don't meet someone and ask "Can you be my mentor?" You want to make sure you have first established a relationship with them.
 - Friend them on LinkedIN
 - Grab lunch with them
 - Meet with them when they come back to campus
- Having someone that you have confidence in to be able to ask questions during your internship/co-op or even during your job search is really valuable.
- Think of a mentor as someone who can guide you through your entire career.